

2023 Summary of Benefits

MVP Health Plan, Inc.

MVP Medicare Secure Plus with Part D (HMO-POS)

MVP Medicare Preferred Gold without Part D (HMO-POS)

H3305: Plan 022 and Plan 020

This is a summary of drug and health services covered by MVP Health Plan January 1, 2023 - December 31, 2023

MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the "Evidence of Coverage."

To join **MVP Medicare Secure Plus with Part D (HMO-POS)** or **MVP Medicare Preferred Gold without Part D (HMO-POS)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our Capital District/Southern Tier/Hudson Valley/Central NY/VT service area includes the following counties in New York: Albany, Allegany, Broome, Cattaraugus, Cayuga, Chautauqua, Chemung, Chenango, Clinton, Columbia, Cortland, Delaware, Dutchess, Essex, Franklin, Fulton, Greene, Hamilton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Onondaga, Orange, Oswego, Otsego, Putnam, Rensselaer, Rockland, Saratoga, Schenectady, Schoharie, Schuyler, St. Lawrence, Steuben, Sullivan, Tioga, Tompkins, Ulster, Warren, Washington and Westchester; and Vermont: Addison, Bennington, Caledonia, Chittenden, Essex, Franklin, Grand Isle, Lamoille, Orange, Orleans, Rutland, Washington, Windham, and Windsor.

MVP Medicare Secure Plus with Part D (HMO-POS) and **MVP Medicare Preferred Gold without Part D (HMO-POS)** have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services. These plans have a POS (Point-of-Service) benefit. Services covered under POS are limited to \$4,000/year, and you pay 30% co-insurance. Not all services are covered under POS. Services not covered under POS are noted in the attached table and in your EOC (Evidence of Coverage).

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
Monthly Plan Premium	You pay \$90.00.	You pay \$0.	You must continue to pay your Part B premium. (\$170.10 in 2022. This amount may change in 2023.)
Deductible	This plan does not have a medical deductible.	This plan does not have a medical deductible.	
Maximum Out-of-Pocket Responsibility <i>(does not include prescription drugs)</i>	\$7,550 annually.	\$6,700 annually.	The most you pay for co-pays, co-insurance, and other costs for medical services for the year.
Inpatient Hospital Coverage (Services may require Authorization)	You pay \$350 co-pay per day for days 1 through 5. You pay \$0 co-pay per day for days 6 through 90. You pay \$0 co-pay per day for days 91 and beyond.	You pay \$350 co-pay per day for days 1 through 5. You pay \$0 co-pay per day for days 6 through 90. You pay \$0 co-pay per day for days 91 and beyond.	Our plan covers an unlimited number of days for an inpatient hospital stay. Co-payment is applied to each new inpatient hospital stay. Medicare benefit periods do not apply.
Outpatient Hospital Coverage (Services may require Authorization)	You pay \$300 co-pay for outpatient hospital surgery. You pay \$175 co-pay for care in a certified ambulatory surgical center.	You pay \$250 co-pay for outpatient hospital surgery. You pay \$150 co-pay for care in a certified ambulatory surgical center.	Physician surgery co-pay also applies for outpatient hospital or ambulatory surgery.

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
Doctor Visits <ul style="list-style-type: none"> • Primary Care Providers • Specialists (Services may require Authorization)	You pay \$0 co-pay per visit. You pay \$40 co-pay per visit.	You pay \$0 co-pay per visit. You pay \$30 co-pay per visit.	Cost sharing applies to each service you receive, including multiple services from the same provider.
Preventive Care	You pay \$0 co-pay.	You pay \$0 co-pay.	Any additional preventive services approved by Medicare during the contract year will be covered. There are some items not covered at \$0 cost.
Emergency Care	You pay \$95 co-pay per visit.	You pay \$95 co-pay per visit.	If you are admitted to the hospital within 24 hours, co-pay is waived. Emergency care is provided worldwide.
Urgently Needed Services	You pay \$50 co-pay per visit.	You pay \$55 co-pay per visit.	Urgently needed services are provided worldwide.

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Diagnostic Services/Labs/Imaging</p> <ul style="list-style-type: none"> • Diagnostic radiology service (e.g., MRI) • Lab services • Diagnostic tests and procedures • Outpatient x-rays (Services may require Authorization) 	<p>You pay \$40-\$150 co-pay.</p> <p>You pay \$0 co-pay.</p> <p>You pay \$10 co-pay.</p> <p>You pay \$40 co-pay.</p>	<p>You pay \$30-\$100 co-pay.</p> <p>You pay \$0-\$10 co-pay.</p> <p>You pay \$10 co-pay.</p> <p>You pay \$30 co-pay.</p>	<p>Cost sharing applies to each service you receive, including multiple services from the same provider.</p>
<p>Hearing Services</p> <ul style="list-style-type: none"> • Diagnostic & Routine Hearing exam • Hearing aid 	<p>You pay \$0 co-pay per diagnostic hearing exam. You pay \$0 co-pay per routine hearing exam.</p> <p>You pay \$699-\$999 copayment per hearing aid or get up to \$600 toward the cost of two hearing aids every year.</p>	<p>You pay \$0 co-pay per diagnostic hearing exam. You pay \$0 co-pay per routine hearing exam.</p> <p>You pay \$699-\$999 copayment per hearing aid or get up to \$600 toward the cost of two hearing aids every year.</p>	<p>Routine hearing exams not covered under POS. Routine hearing exams limited to one per calendar year.</p> <p>Hearing aids must be purchased through TruHearing. Limit 1 hearing aid per ear per calendar year.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Over-the Counter (OTC) Items</p> <ul style="list-style-type: none"> OTC Allowance Arthritis Post-Joint Replacement Procedure Care Kit 	<p>\$25.00 Allowance per quarter</p> <p>Customizable care kit</p>	<p>\$25.00 Allowance per quarter</p> <p>Customizable care kit</p>	<p>Allowance is received quarterly to be used towards eligible over-the-counter medicine and health-related purchases from select pharmacies or by mail order. Allowance amount does not carry over from quarter to quarter.</p> <p>Must have a prior authorization or have undergone a joint replacement within the plan year with a diagnosis of Rheumatoid Arthritis or Osteoarthritis, can receive a customizable care kit with items such as, but not limited to, a reacher, shoehorn, non-slip bathmat, tieless shoelaces, and long handled shower sponge through our approved contracted vendor.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Preventive Dental Services</p> <ul style="list-style-type: none"> • Oral exam • Cleaning • X-rays 	<p>2 oral exams. 2 cleanings. 2 sets of x-rays.</p>	<p>2 oral exams. 2 cleanings. 2 sets of x-rays.</p>	<p>Payment limited to established Fee Schedule. dental services not covered under POS.</p>
<p>Optional Supplemental Dental Rider</p>	<p>Premium: \$25 per month This is in addition to the plan premium.</p> <p>Preventive dental services: Included with your plan. No additional coverage needed.</p> <p>Deductible: \$100 deductible before coverage begins, per calendar year for in and out of network benefits.</p> <p>Annual Maximum Plan Benefit Coverage Amount: \$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).</p>	<p>Comprehensive dental coverage is included with your plan.</p> <p>Deductible: \$100 deductible before coverage begins, per calendar year for in and out-of-network benefits.</p> <p>Annual Maximum Plan Benefit Coverage Amount: \$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).</p>	<p>If your provider does not participate in the Plan's network and charges more than the maximum allowable benefit, you will be responsible for the additional cost. See the Evidence of Coverage for more information.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Vision Services</p> <ul style="list-style-type: none"> • Diagnostic eye exam • Routine eye exam • Post-cataract surgery eyewear • Eyewear allowance 	<p>You pay \$20 per diagnostic eye exam.</p> <p>You pay \$0 per routine eye exam.</p> <p>You pay 20% co-insurance.</p> <p>\$175 every year eyewear allowance.</p>	<p>You pay \$30 per diagnostic eye exam.</p> <p>You pay \$0 per routine eye exam.</p> <p>You pay 20% co-insurance.</p> <p>\$225 every year eyewear allowance.</p>	<p>Routine eye exams limited to one per calendar year.</p>
<p>Mental Health Services</p> <ul style="list-style-type: none"> • Inpatient visit • Outpatient group therapy visit/Outpatient individual therapy visit (Services may require Authorization) 	<p>You pay \$350 per day for days 1-5. You pay \$0 co-pay per day for days 6-90. You pay \$0 co-pay per day for days 91 and beyond.</p> <p>You pay \$40 co-pay per outpatient group/individual therapy visit.</p>	<p>You pay \$350 per day for days 1-5. You pay \$0 co-pay per day for days 6-90. You pay \$0 co-pay per day for days 91 and beyond.</p> <p>You pay \$30 co-pay per outpatient group/individual therapy visit.</p>	<p>Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. Mental health services not covered under POS.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Skilled Nursing Facility (SNF) (Services may require Authorization)</p>	<p>You pay \$0 co-pay per day for days 1 through 20. \$196 co-pay per day for days 21 through 100.</p>	<p>You pay \$0 co-pay per day for days 1 through 20. \$196 co-pay per day for days 21 through 100.</p>	<p>Our plan covers up to 100 days in a SNF. SNF services not covered under POS.</p>
<p>Physical Therapy (Services may require Authorization)</p>	<p>You pay \$20 co-pay per visit.</p>	<p>You pay \$20 co-pay per visit.</p>	<p>Annual dollar limits apply to all outpatient therapy services. Dollar limit also applies to therapy services in a SNF and hospital outpatient departments.</p>
<p>Ambulance (Services may require Authorization)</p>	<p>You pay \$175 co-pay for ground ambulance.</p> <p>You pay \$300 co-pay for air ambulance.</p>	<p>You pay \$100 co-pay for ground ambulance.</p> <p>You pay \$200 co-pay for air ambulance.</p>	<p>Paramedic Intercept may also be covered. These Advanced Life Support Services are separate from ambulance transportation and are covered if all of the following exist: 1. furnished in a rural area according to CMS or State; 2. through a contract with a volunteer ambulance service; 3. are medically necessary.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
Transportation	You pay \$0 co-pay. 12 one-way rides per year for medical appointments.	Not covered.	Must use plan-approved vendor. (30-mile, one-way capitation)
Medicare Part B Drugs (Services may require Authorization)	You pay 20% co-insurance.	You pay 20% co-insurance.	You pay a 20% co-insurance for Part B drugs purchased at a pharmacy, administered by a pharmacist, or administered by your doctor. (An office visit co-pay may also apply.) Part B drugs not covered under POS. Part B drugs may be subject to Step Therapy requirements.
Foot Care (podiatry services) <ul style="list-style-type: none"> • Diagnostic foot exams and treatment • Routine foot care (Services may require Authorization) 	You pay \$40 co-pay. You pay \$0 co-pay.	You pay \$30 co-pay. You pay \$0 co-pay.	Routine foot care if you have diabetes-related nerve damage and/or meet certain conditions.

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Medical Equipment/Supplies</p> <ul style="list-style-type: none"> • Durable Medical Equipment (e.g., wheelchairs, oxygen) • Prosthetics (e.g., braces, artificial limbs) • Diabetes supplies (Services may require Authorization) • Blood Pressure Cuff 	<p>You pay 20% co-insurance.</p> <p>You pay 0-20% co-insurance.</p> <p>You pay \$0 co-pay for a 30-day supply of Freestyle, OneTouch, Precision and Prodigy brand blood glucose test strips and glucometers; you pay \$0 co-pay for a 30-day supply of non-preferred strips that have prior authorization.</p> <p>One basic blood pressure cuff per year at no cost.</p>	<p>You pay 20% co-insurance.</p> <p>You pay 0-20% co-insurance.</p> <p>You pay \$0 co-pay for a 30-day supply of Freestyle, OneTouch, Precision and Prodigy brand blood glucose test strips and glucometers; you pay \$0 co-pay for a 30-day supply of non-preferred strips that have prior authorization.</p> <p>One basic blood pressure cuff per year at no cost.</p>	<p>Must have diagnoses of Hypertension. One approved basic blood pressure cuff from our contracted vendor will be covered per year.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
<p>Medical Equipment/Supplies (continued)</p> <ul style="list-style-type: none"> Home and Bathroom Safety Devices and Modifications 	<p>\$250 allowance per year in total for select items from our contracted vendor.</p>	<p>\$250 allowance per year in total for select items from our contracted vendor.</p>	<p>Must have diagnoses related to Stroke. Bathroom safety items on a selected list from our contracted vendor including, but not limited to shower seats, raised toilet seats, bathtub seats, and grab bars. Only the approved items will be covered and only through our approved contracted vendor.</p>
<p>Meal Benefit</p>	<p>14 meals post inpatient hospital discharge.</p>	<p>14 meals post inpatient hospital discharge.</p>	<p>Post-hospitalization meals are covered through contracted vendor and set-up through Care Management program. 14 meals/7 days benefit. No limit to number of times benefit can be accessed in a calendar year so long as it is preceded by a hospitalization.</p>

Premiums and Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)	MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
Wellness Programs <ul style="list-style-type: none"> • SilverSneakers® 	No cost for SilverSneakers® membership and to use SilverSneakers® fitness locations and virtual resources. Plus, you get access to GetSetUp, with thousands of live online classes to ignite your interests in topics like cooking, technology, and art.	No cost for SilverSneakers® membership and to use SilverSneakers® fitness locations and virtual resources. Plus, you get access to GetSetUp, with thousands of live online classes to ignite your interests in topics like cooking, technology, and art.	
MVP Virtual Care Services	You pay \$0 co-pay per visit using remote access technology.	You pay \$0 co-pay per visit using remote access technology.	Must use plan-approved vendor(s). Using your smartphone, tablet or laptop, you can access doctors via video. Not covered under POS.

Outpatient Prescription Drugs

Benefits	MVP Medicare Secure Plus with Part D (HMO-POS)		MVP Medicare Preferred Gold without Part D (HMO-POS)	What you should know
	Retail Rx 30-day supply	Mail Order up to 90-day supply	Part D prescription drugs not covered.	You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.
Deductible	No deductible.		Not covered.	
Initial Coverage				
Tier 1: Preferred Generic	You pay \$0.	You pay \$0.	Not covered.	You pay this amount for each prescription until your yearly drug costs reach \$4,660. If you reside in a long-term care facility, only 31-day supply is available, and you pay the same as at a retail pharmacy.
Tier 2: Generic	You pay \$15.	You pay \$30.		
Tier 3: Preferred Brand	You pay \$45.	You pay \$90.		
Tier 4: Non-Preferred Drugs	You pay 25%.	You pay 25%.		
Tier 5: Specialty Tier	You pay 33%.	Not available.		
Plan-covered Insulin	You pay \$35.	You pay \$70.		
Coverage Gap				
Tier 1: Preferred Generic	You pay \$0.	You pay \$0.	Not covered.	You pay this amount for each prescription until your yearly out-of-pocket costs reach \$7,400.
Other Generic Drugs (Tiers 2-5)	You pay 25%.	You pay 25%.		
Brand Name Drugs (Tiers 2-5)	You pay 25%.	You pay 25%.		
Plan-Covered Insulin	You pay \$35.	You pay \$70.		
Catastrophic Coverage				
Tiers 1- 5: You pay the greater of 5% of the cost or \$4.15 (generic)/\$10.35 (brand name).			Not covered.	You pay this amount after your yearly out-of-pocket costs reach \$7,400.

If you want to know more about the coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at <http://www.medicare.gov> or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as braille, large print or audio.

For more information, please call us at the phone number below or visit us at joinmvpmedicare.com.

Toll-free **1-800-324-3899**, TTY users should call 711.

From October 1 – March 31, you can call us seven days a week from 8 am–8 pm Eastern Time.

From April 1 – September 30, you can call us Monday – Friday from 8 am–8 pm Eastern Time.

You can see our plan’s provider directory at medicare.mvphealthcare.com/find-your-doctor.

You can see our plan’s pharmacy directory at medicare.mvphealthcare.com/find-your-doctor.

You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions at medicare.mvphealthcare.com/plans/prescription-drug-coverage.

MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal. Out-of-network/non-contracted providers are under no obligation to treat MVP Health Plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. MVP virtual care services through Gia are available at no cost-share for most members. In-person visits and referrals are subject to cost-share per plan.

MVP Health Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including sexual orientation and gender identity).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-946-8010 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-844-946-8010 (TTY: 711)。



625 State Street
Schenectady, NY 12305-2111
mvphealthcare.com

February 28, 2023

Member Notice

Changes to Medicare Part B Due to the Inflation Reduction Act

The Inflation Reduction Act, signed in August of 2022, affects the cost of drugs covered under Medicare Part B in two ways:

- Beginning April 1, 2023, the Centers for Medicare and Medicaid Services will review the price of certain Part B drugs each quarter. If your plan has a co-insurance for Part B drugs, what you pay for your prescription could change quarterly based on the cost of the drug. Your co-insurance will never exceed 20%.
- Beginning July 1, 2023, the cost-share for insulin covered by Part B will not exceed \$35 for a one-month supply.

If you have any questions, please call the MVP Medicare Customer Care Center at the phone number on the back of your MVP Member ID card.

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