

Adult Preventive Care Guidelines

MVP Health Care®, as part of its continuing Quality Improvement Program, has adopted Adult Preventive Care Guidelines. The adult guidelines reflect recommendations by the US Preventive Services Task Force that can be found at:

<http://www.uspreventiveservicestaskforce.org/Page/Name/recommendations> Use this link and under the drop down tab at the top of the page labeled Recommendations; this menu contains links for current published recommendations, recommendations in progress, and information for consumers and professionals. There are multiple ways to filter the recommendations based on topic, age, and grade.

For adult immunizations, MVP endorses the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC) recommendations. A copy of their Immunization Schedule is available online at: [Recommended Vaccinations for Adults | Vaccines & Immunizations | CDC](#).

For the last update click on *Schedule Changes and Guidance*. This guideline is not intended to replace the role of the physician's clinical judgment in the management of medical services, it is an educational guideline provided to assist in the delivery of good medical care. All treatment decisions are ultimately based on the physician's clinical assessment and judgment. Where medication recommendations are made, please refer to each health plan's formulary for coverage considerations.

MVP Health Care updates its clinical guidelines at least every two years. The review process is also initiated when new scientific evidence or national standards are published. Practitioners are alerted via the web site and by written notices from the plan via fax or newsletter. A hard copy of the clinical guideline can be requested by calling the MVP Quality Improvement Department at **800-777-4793**.