



Essential Plan

The Essential Plan from MVP Health Care® is an affordable health plan with no deductible and a \$0 monthly premium. This plan also includes \$0 virtual care access, dental and vision coverage, and up to \$225 in Well-Being Reimbursement per contract, per plan year, for the things you do to improve your well-being.

Essential health coverage for \$0 a month.

- Dental and vision
- Low-cost prescriptions
- Inpatient and outpatient services
- Maternity and newborn care
- Mental health and substance use disorder services
- Earn up to \$225 in Well-Being Reimbursement
- And more

Gia® by MVP gives you **24/7 access to \$0 virtual care doctors** and plan information anytime, anywhere.



Enrollment is open all year, and MVP is here to help. Learn more and apply today!

Call **1-800-TALK-MVP** (1-800-825-5687) or visit mvphealthcare.com/essential.



To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call **1-855-355-5777**.

MVP offers the Essential Plan for residents in New York State who qualify and reside in Albany, Columbia, Dutchess, Genesee, Greene, Jefferson, Lewis, Livingston, Monroe, Oneida, Ontario, Orange, Putnam, Rensselaer, Rockland, Saratoga, Schenectady, Sullivan, Ulster, Warren, Washington, and Westchester Counties.

The Essential Plan is offered by MVP Health Care and available through NY State of Health, The Official Health Plan Marketplace.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company; MVP Select Care, Inc.; and MVP Health Services Corp., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states and counties.